



## Nutsafe Classroom Policy

For the safety and health of our students, Sandpiper Cooperative has chosen to adopt a nut-safe snack policy in the classroom. By adopting this policy, the chances of an accidental exposure to allergens are significantly reduced. Please help us to make the classroom a safe and healthy place by following these procedures and policies.

- All students and parents who will be in the classroom for the school day shall wash their hands just prior to entering the classroom.
- All snacks purchased and provided by Sandpiper Cooperative served to students during the day shall not contain any nuts/nut ingredients (such as nut oils) in the ingredient list. An example list of approved snacks follows this list.
- Any treats or special snacks brought in from home (ie, birthday treat) shall be free of nut ingredients and need prior approval from teachers.
  - Such snacks should be prepared in a nut safe environment, if necessary.
  - Check manufacturer labels
- Any student who may require an EpiPen should provide one for the school, along with instruction on its use.

### **Sandpiper Snack List:**

*All snacks provided by Sandpiper shall come from this list. Any additions require permission by Sandpiper Executive Board.*

- Fruits/fruit snacks:
  - Whole fruits: apples, oranges, pears, bananas, berries, plums, unsweetened applesauce, grapes, strawberries, peaches, pineapple, melon, etc.
  - Raisins (not chocolate or yogurt covered)
  - Dried fruits: Craisins, dried apricots, dried figs, dates, dried mango, dried cherries, dried blueberries etc.
  - No trail mix
- Fresh Vegetables: Sugar snap peas, carrots, broccoli or cauliflower florets, celery sticks, cucumber slices, green/red/yellow/orange pepper strips, cherry tomatoes, edamame, zucchini slices, etc.
- Dairy: String cheese, cheese cubes, cheese slices, yogurt (no granola), cream cheese

- Crackers/other snacks:
  - Cheese crackers (no added peanut butter)
  - Animal crackers
  - Goldfish
  - Graham Crackers
  - Flavored/Wheat Crackers (e.g. Triscuit, Wheat Thins, Ritz)
  - Popcorn
  - Rice Cakes
  - Pretzels
  - Pita chips, Veggie Straws, Pirate's Booty
- Bars:
  - Fruit-filling bars (eg. Nutri-grain)
  - Breakfast Bars (eg. Belvita, Special K)
  - No granola bars except Enjoy Life Chewy Bars and Made Good Granola Bars and Bites
  - No nut flavors, such as peanut butter or coconut
- Whole Grains:
  - Mini bagels
  - Bread/Toast
  - Tortillas
  - Dry cereal
  - English Muffins
- Sausage sticks, lunch meat
- Sauces/Toppings
  - Honey
  - Jelly/Jam/Fruit Spread
  - Salad Dressing (eg. Ranch)
  - Butter
  - SunButter